

to aged grandparents. Nor should they overlook the merits of Virolax, a nutrient laxative, supplied by the same firm, of high merit.

MESSRS. CADBURY, LTD., Bournville, Birmingham.—The purity, quality and flavour of the goods supplied by Messrs. Cadbury, Ltd., are known to the world, whether they are the various cocoas which can be prepared as beverages, or their delicious confectionery. Their stand is sure to be a most popular one.

BOVRIL, LTD., 152, Old Street, E.C.—Bovril is a household word, and few householders would be without it. Both ordinary and Invalid Bovril will be found on the firm's stand.

THE NATIONAL UNION OF TRAINED NURSES.—The N.U.T.N. will be represented and their exhibit as usual is sure to be practical, informative and interesting. Do not pass it by.

THE BRITISH JOURNAL OF NURSING.—Be sure to call at the stand of the *British Journal of Nursing* (Stand 5b). Buy a Journal for a friend, if you already have your own, get all the latest Registration news, and look at the various interesting pamphlets, &c., which will be on sale.

THE GLAXO ANNEXE.—One of the most popular features of the Exhibition is always the Glaxo Annexe, arranged by GLAXO (J. Nathan & Co., Ltd.) 56, Osnaburgh Street, N.W., as a Rest Room. Here you can rest in a comfortable chair, and in the meanwhile partake of delectable dainties made with Glaxo, which is so nutritious and so delicious. But choose the time of your visit wisely or you may find the Annexe crowded out.

THE GAS LIGHT & COKE CO. ANNEXE.—In the Annexe of the GAS LIGHT & COKE CO. (Horseferry Road), are to be seen, most conveniently and attractively arranged, the latest appliances and devices for economising household labour, for abolishing extravagant ranges, and for providing a brilliant illuminant at a reasonable cost. This is an exhibit no one should miss.

NAMES AND ADDRESSES TO NOTE AND REMEMBER.

MESSRS. CHARLES GRIFFIN & Co., LTD., Exeter Street, Strand, W.C.2, are the publishers of that popular "Manual of Nursing, Medical and Surgical," by Laurence Humphry, now in its 38th edition. "Foods and Dietaries," by Sir R. W. Burnet, K.C.V.O., F.R.C.P., is also deserving of careful study.

MESSRS. H. K. LEWIS & Co., LTD., 136, Gower Street, W.C.1, have a wide selection of books, among which should be noted the "Theory and Practice of Nursing," by Sister M. A. Gullan, and "Lectures on Tuberculosis to Nurses," by Mr. Oliver Bruce, M.R.C.S.

MESSRS. G. P. PUTNAMS, 24, Bedford Street, Strand, W.C.2.—Their list includes "A Short History of Nursing," by Lavinia L. Dock and "The Psychology of Nursing," by Aileen Cleveland Higgins, which should be on the bookshelves of the library of every Nurses' Home.

OUTSIDE THE GATES.

THE PEOPLE'S KING.

Last week the King was slightly indisposed, and wisely he kept indoors during the spell of icy weather. We feel sure His Majesty would have appreciated the affectionate anxiety expressed by many of his subjects could he have overheard their remarks. *The Times* comes up with our early cup of tea, and we are usually greeted by a very human maid with the cream of the news.

Last week it was "Sad news this morning; our King isn't hisself; forbidden to leave the Palace—a rare to do, I've no doubt."

Next day—"Queen Mary's to act as King to-day, opening Waterloo Station; glad she's kept the King at home—he's one in a thousand, a real people's King."

The following day, with triumph, "On the high way to recovery—you know who I mean; no doubt that's why the sun's a shining."

PHYSICAL EDUCATION OF GIRLS.

The Joint Committee on the Physical Education of Girls, of which the Chairman is Dr. G. F. Still, and the Hon. Secretary Miss M. Bennell, B.A., which has its headquarters at the College of Preceptors, Bloomsbury Square, W.C.1, is very anxious to obtain evidence from nurses as to the effects, immediate and remote, of the present system of physical education for girls and women, whether favourable or otherwise. The Committee feel the importance of the subject can hardly be exaggerated, and wish to get as much evidence as possible on both sides of the question.

The Bodies represented on the Joint Committee are the Royal College of Physicians, the Royal College of Surgeons, the British Medical Association, the Medical Women's Federation, the British Association for Physical Training, the Ling Association, the National Union of Women Teachers, the Association of Assistant Mistresses in Secondary Schools, the Private Schools Association (Incorporated), and the College of Preceptors.

There is no doubt that nurses, especially those engaged in Public Health Work, including school nursing, could supply valuable information, which would be of public utility, and we hope some of them will respond to the invitation.

A form of questionnaire will be sent, on application to the Hon. Secretary, if desired.

WHAT TO READ.

- "A Pastorale," by Charles Simpson.
- "Little Essays of Love and Virtue," by Havelock Ellis.
- "The Love Story of Alette Brinton," by Gilbert Frankau.
- "Short Shipments," by Elinor Mordaunt.
- "The Garden Party," by Katharine Mansfield.
- "The Jews," by Hilaire Belloc.

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